

# DEFENSIVE TACTICS FOR EXECUTIVE PROTECTION (DT4EP)



Presented by  
Sifu Alan Baker

Alan Baker is an internationally martial arts and self-defense expert. Alan has over 40 years of continuous experience in the arts and has been providing instruction since 1990.

Over the course of his career, he has attained the level of black belt or higher in multiple disciplines of martial arts as well as multiple instructor level certifications in additional systems under some of the industry's most renowned leaders such as Dan Inosanto, Pedro Sauer, Francis Fong, Erik Paulson, Leo T. Gaje Jr., Justo Dieguez Serrano, Andy Norman, James Cravens and Paul Vunak.

Alan is proficient in Gracie Brazilian Jiu Jitsu, Thai Boxing, Filipino Kali, Keysi Fighting Method, Burmese Bando, Kodokan Judo, Combat Submission Wrestling and Wing Chun Kung Fu just to name a few.

Sifu Baker is the founder and chief instructor of the Atlanta Martial Arts Center in Atlanta, GA, and the creator of the Warriors Path Training Method.

EPI's Protection Response Tactics (PRT) includes techniques from a variety of striking and grappling arts that will be beneficial to both the skilled operator and the novice.

All countermeasures employed by professional bodyguards should reduce the risk to those they protect. The executive protection agent seeks to reduce the risk to the client by avoiding confrontation. If faced with confrontation, the professional bodyguard would prefer to evacuate the client.

Sometimes, avoidance does not work, sometimes evacuation is not the answer, and sometimes the appropriate countermeasure is the reasonable application of physical force. This system provides the tools necessary for that reasoned response.

*PRT offers appropriate solutions to all levels of risk.*

**MODULE 1:** This module brings basic tools and mechanics needed to defend and protect a client from low level threat up to more aggressive threat.

**MODULE 2:** This module will introduce you to PRT's Assault Tactics methods. You will get into more advanced levels of ground fighting when forced to the ground and is being held, as well as environment around a vehicle and the various problems you may encounter as you move your principle in and out of the car.

**MODULE 3:** This module begins introducing the firearm into the previous material learned. you start to recognize and ingrain the needed reactions and techniques to respond to it. It also covers the principals involved with firearm disarming.

**MODULE 4:** In Module Four we review Counter Grappling and Ground Fighting – The protection agent does not want to get tied up in a grappling match on the ground when they are supposed to be protecting the client. The PRT counter grappling and ground fighting program will give you the skills to not only avoid getting pulled into a grappling match, but you will also learn to dish out enough destructive force to make the threat regret the attempt.

**MODULE 5:** At this level, PRT introduces weapons into the training to prepare you for the possibility of a threat implementing a weapon system. In this module you begin training PRT's Firearm Disarming and Weapon Retention.

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